Sain
HOLISTIC CARE

NDIS Registered 24hr Care

The more we care, the more beautiful life becomes

About

My Name is Jigisha, and I am a Senior NDIS Support Worker, Registered Nurse, and an NDIS Registered Provider. Empathy and a good sense of humour have been shown to the people under my care for many years. I am very genuine, honest and committed to the participants I support. My goal is to positively change the lives of people struggling with mental and physical illness to live a rich and happy life.

NDIS Registration Groups

0106 Assist life stage transition | 0117 Daily living life skills | 0107 Daily/Assist personal activities | 0115 Daily tasks shared living | 0136 Group Centre based activities |0120 Household tasks |0125 Participate community | 0114 Community nursing | 0108 Assist Travel/Transport arrangement
Sain Holistic Care deliver quality care and support, that is safe, and can be trusted.

Support Service Areas

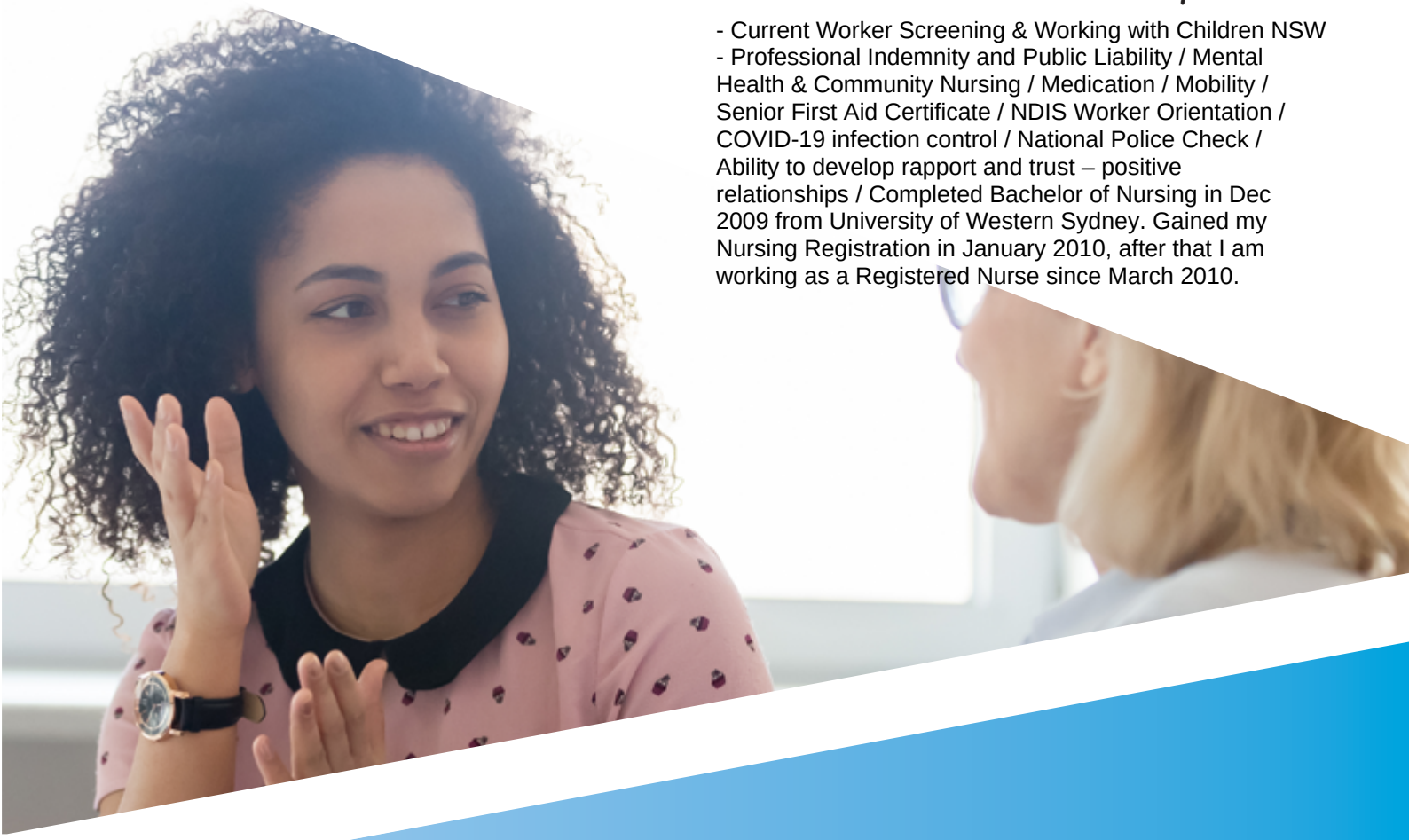
Our office is based in Surry Hills we look forward to providing services in Blue Mountains, Western Sydney, Blacktown, Mt Druitt, Hills, Richmond, Windsor, Penrith, south/west/North west Sydney

Vehicle for Activity Based Transport

We will provide you with safe and reliable transportation for the participant's needs to access the community, appointments, and activities. Vehicles are well-kept and have comprehensive car insurance. They are equipped with a first aid kit and cleaned after every participant to ensure a safe and clean journey.

Current Qualifications & Competencies

- Current Worker Screening & Working with Children NSW
- Professional Indemnity and Public Liability / Mental Health & Community Nursing / Medication / Mobility / Senior First Aid Certificate / NDIS Worker Orientation / COVID-19 infection control / National Police Check / Ability to develop rapport and trust – positive relationships / Completed Bachelor of Nursing in Dec 2009 from University of Western Sydney. Gained my Nursing Registration in January 2010, after that I am working as a Registered Nurse since March 2010.



Areas of Participant Value

Sain Holistic Care like people to have the freedom to embrace who they are and establish connections to achieve goals and discover new interests in leading a rich and fulfilling life. Jigisha finds creative ways for participants to learn new skills and express themselves with consideration, collaboration and patience. I enjoy working with various age groups and disabilities and embracing the uniqueness of others. Support Work and Nursing is collaborative by nature and so valuable to the participant. I have problem -solving skills to work effectively for the participant with NDIS support coordinators and the multidisciplinary team, including doctors, physiotherapists, dieticians, pharmacists, occupational therapists and allied health professionals in the provision of holistic to patients. It can involve verbal requests and discussion to identity and solve specific health problems. I always ensure that treatment changes and other essential details regarding patient care are communicated effectively, clearly and passed to all persons concerned and always in the participants' best interests with their complete choice and control. "The more we care, the more beautiful life becomes", "Dignity in care, Independence in your home."

Languages and Cultural Understanding

I enjoy supporting participants, their families and carers to develop therapeutic and healing relationships and have clear communication skills when interacting and dealing with allied health professionals, housing, and other key stakeholders in their care team. I am happy to work with any cultures and beliefs if I can offer support service value to you.

Personal Interests & Hobbies

Jigisha enjoys watching movies/youtube, relaxing at home, visiting different places, yoga, chess, gardening, cleaning house. I have enjoyed many different activities with participants and embraced the experience with them and for them. I am good at teamwork and work as an initiative. Encouraging patient with good motivational skills, compassionate, sensitive and emotionally strong.

Supports Care Plan

Sain Holistic Care always takes the time to understand a new participant and their individual support needs. We believe this is essential to offer quality support and service value. As the support service provider, it is vital to understand the participant's support needs, goals, aspirations, and any barriers in creating a successful pathway through the supports towards ndis goals. In collaboration with the participant and any plan nominee/s, Sain Holistic Care will identify and develop a road map of support that aligns with the ndis plan objectives. Together in co-design, we would complete a support and activity plan (Care Plan), which will form the basis of the support program. This will be modeled around the participant's focus ndis goals, individual support needs, interests, and aspirations. The support and activity plan will provide the participant with structure around their supports and expectations on their support service delivery. It is designed to support learning new skills, things the participant wants to try, aligning goals, and developing independence and life skills. Also enjoying the journey and the experience as a trusted team.

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If Sain Holistic sounds like the support for you please tel. 0493 271 738 or email. info@sainholisticcare.com.au