

Maxima Allied Health offers quick and easy face-to-face and Telehealth appointments for people with a NDIS plan, anywhere across Australia for Physiotherapy, Occupational Therapy and Exercise Physiology plus no wait times for appointments. We can also come to you - in-home, community facilities, work or school.

Maxima Allied Health Professionals

Pathology domains covered by the services of our Allied Health Professionals (AEPs) include cardiovascular, metabolic, neurological, musculoskeletal, cancers, kidney, respiratory / pulmonary and mental health, and any other conditions for which there is evidence that exercise can improve the client's clinical status.

Physiotherapy

Our physiotherapists work across paediatric, neurological, musculoskeletal, and mental health to support functional movement and pain management in people with an NDIS plan. Our NDIS physiotherapy team is fully qualified, insured and registered with the Australian Health Practitioner Registration Agency (AHPRA).

How we help

Exercise programs to improve mobility and strengthen muscles

Joint manipulation / mobilisation to reduce pain and stiffness

Muscle re-education to improve control

Airway clearance techniques and breathing exercises

Soft tissue mobilisation (massage)

Acupuncture and dry needling

Hydrotherapy

Advice and assistance with use of mobility aids, such as walking sticks and wheelchairs



Maxima NDIS Physiotherapy, Occupational Therapy & Exercise Physiology

Eligibility Requirements

"Therapeutic Supports" included in your NDIS Plan.

How to Refer

Visit our website at maxima.com.au/ndis to fill out a quick enquiry form and we'll call you back.

Alternatively, to register your interest or for more info about our NDIS services, scan the QR or call a Maxima NDIS Consultant on **1300 629 462**

Registered NDIS Provider 405 002 3996



1300 MAXIMA | maxima.com.au



Maxima Allied Health Physiotherapy, Occupational Therapy & Exercise Physiology





Allied Health Physiotherapy, Occupational Therapy & Exercise Physiology

Occupational Therapy

We work closely with you and your support network to maximise your independence. Our NDIS registered and approved occupational therapy team focus on physical, psychosocial, sensory and cognitive disabilities.

Our occupational therapists have the equipment, skills and qualifications to carry out assessments and clinically based interventions.

How we help

Assessments / Assistive Technology Assessments for specialised equipment prescription

Manual handling / Pressure care education and therapy

Therapy and rehabilitation

Dementia Care and Planning

Home modifications

Falls Prevention

Exercise Physiology

Our exercise physiologists are equipped with the knowledge, skills and competencies to design, deliver and evaluate safe and effective exercise interventions for people with acute, sub-acute or chronic medical conditions, injuries or disabilities.

How we help

Neurological rehabilitation

Gait and transfer exercises to assist in daily functioning

Functional capacity reports

Individualised home exercise programs

Movement programs to reduce pain and stiffness

Muscle re-education after injury

Balance and falls prevention classes

Floor to standing mobility training for elderly

Pulmonary/respiratory exercises for respiratory conditions such as cystic fibrosis, bronchitis and asthma

Hydrotherapy to assist with chronic pain, oedema, mobility, strength, and range of motion