



EMP Disability Services

Enhancing independence and quality of life

Building health, wellbeing and independence

www.empdisability.com.au

Who Are EMP?

Enhancing independence and quality of life

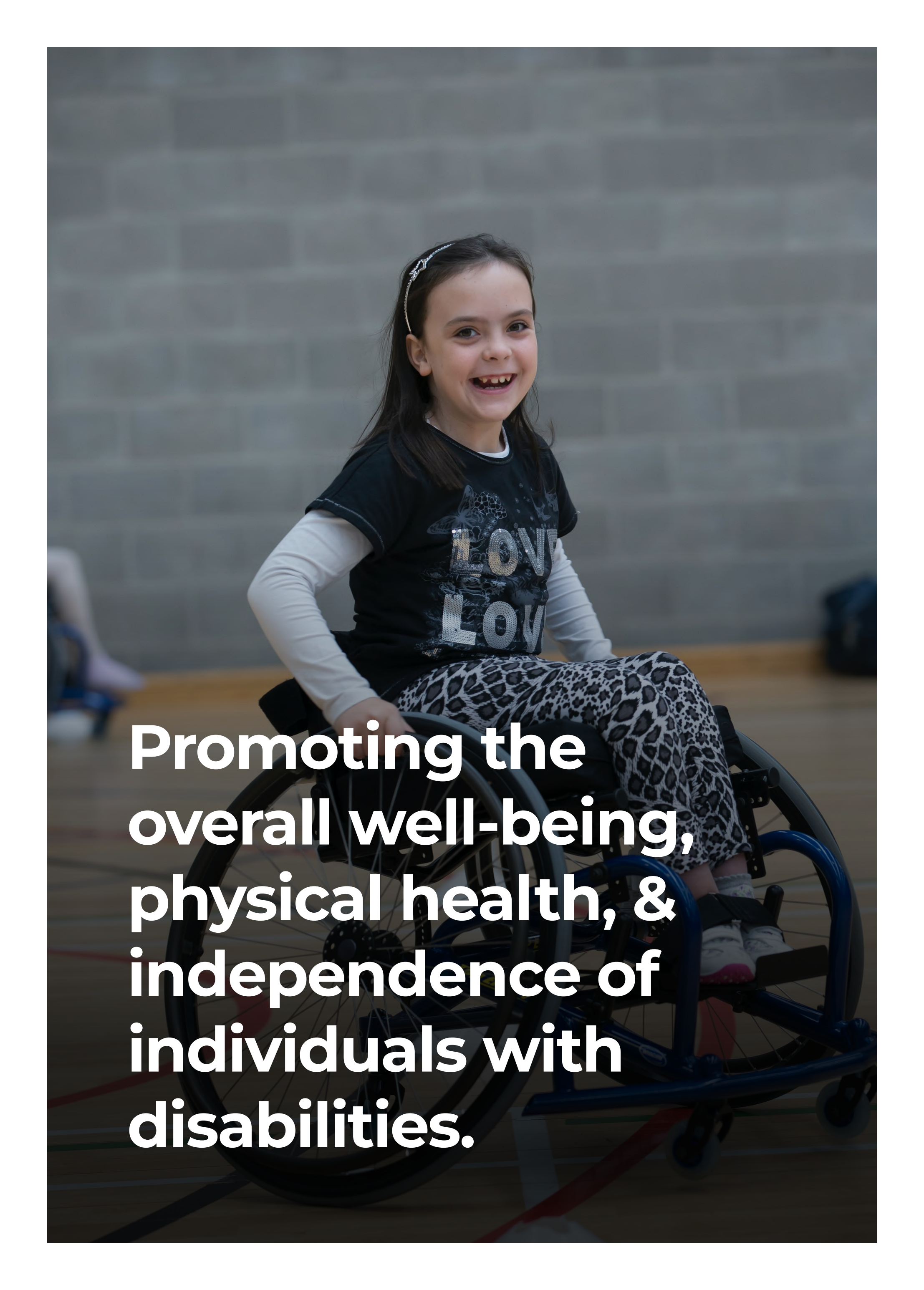
EMP Disability Services is a prominent provider of Allied Health Services specializing in disability care on a national scale. We deliver disability services through an integrated approach to patient centred goals. Our physiotherapists, exercise physiologists, and occupational therapists play distinct but complementary roles in providing disability services.

Our primary objective is to promote the overall well-being, physical health, and independence of individuals with disabilities. By enhancing their quality of life and supporting their engagement in various aspects of daily living, we strive to empower them.

At EMP Disability Services, our focus lies in empowering individuals to assume responsibility for their health, fitness, and safety, leading to improved performance, well-being, and a reduced risk of injury. Our allied health work collaboratively with other healthcare providers, support coordinators, and multidisciplinary teams of participants to ensure compassionate, comprehensive, and well-coordinated care within the NDIS framework.

If you are an NDIS participant seeking high-quality support and assistance to achieve your life goals, reach out to us and embark on your journey. Living with a disability should not limit you. With our dedicated team by your side, you can accomplish so much, and we are here to assist you every step of the way.

We foster a partnership with you, your family, and your broader support network, built upon trust, quality treatment, and a shared aspiration to achieve your goals. The relationships we cultivate and the outcomes we deliver are a testament to the excellence of our programs our results.

A young girl with long dark hair, wearing a black t-shirt with 'LOVE LOVE' printed on it and a leopard print skirt, is sitting in a blue wheelchair. She is smiling broadly and looking towards the camera. The background is a plain, light-colored wall. The text 'Promoting the overall well-being, physical health, & independence of individuals with disabilities.' is overlaid on the image in white, bold, sans-serif font.

Promoting the overall well-being, physical health, & independence of individuals with disabilities.

Our Services

Proven approach, proven results

We provide the following services

- Assistance with Daily Life
 - Assistive Technology
 - Home Modifications
 - Improved Health and Wellbeing
 - Improved Life Choices
 - Daily Personal Activities
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We assist with the recovery from

- Heart disease
 - Obesity
 - Physical injury
 - Chronic illnesses
 - Neurological disability
 - Psychosocial disability
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Our Approach to Assisting Individuals With A Disability

Empowering individuals while promoting independence & quality of life

EMP Disability Services adopts a holistic allied health approach, disability services can address the complex and interconnected needs of individuals with disabilities. Through this EMP fosters a comprehensive and person-centered approach to care, promoting the highest level of functioning, independence, and quality of life for people with disabilities.

Our allied health professionals possess in-depth knowledge of the human body and the impact of exercise on overall health, fitness, and the management of chronic condition symptoms and disabilities. EMP will have the capacity to create exercise programs tailored to individuals with diverse disabilities, enabling them to effectively manage their conditions and enhance their capacity for daily activities.

With our EMP expertise, use of technology and specialized training, our allied health employees can design safe and personalized exercise programs for anyone seeking their assistance. EMP will be able to deliver AEP services within the NDIS in the following ways:

- **Individual sessions**
- **Small group settings, including support programs**
- **Via telehealth**

In developing an NDIS service, EMP have the ability to customize programs for individuals with disabilities, addressing critical needs such as:

- **Enhancing daily living capabilities**
 - **Improving mental and physical health and well-being**
 - **Facilitating community engagement and social activities**
 - **Overall strength and capacity enhancement**
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Meet Our Allied Health Professionals

Expert guidance from qualified rehabilitation professionals

Physiotherapists

At EMP Disability Services, our team of physiotherapists collaborates with NDIS participants, addressing a diverse range of conditions spanning paediatric, pain, neurological, musculoskeletal, and mental health domains.

Our dedicated physiotherapists formulate and implement personalized treatment plans with the aim of enhancing physical functionality, minimizing pain, and fostering independence. They assess and diagnose musculoskeletal, neurological, and cardiopulmonary impairments that may impact movement and overall function. We offer lifestyle guidance, prescribe tailored exercises, and provide aids to facilitate daily activities, ultimately improving quality of life.

All our physiotherapists are fully qualified, insured, and registered with the Australian Health Practitioner Registration Agency (AHPRA).

Exercise Physiologists

At EMP Disability Services, our exercise physiologists work with NDIS participants to create personalized exercise plans aimed at enhancing cardiovascular fitness, muscular strength, endurance, and flexibility. They consider the unique capabilities and objectives of each individual to formulate exercise routines that are both safe and effective.

Our exercise physiologists specialize in catering to individuals with disabilities, providing them with tools to improve functional capacity and manage their condition. They closely monitor vital signs, develop suitable exercise programs, and educate individuals on self-monitoring, pacing, and symptom management during physical activity.

All our exercise physiologists are fully qualified and accredited with Exercise & Sports Science Australia (ESSA).

Occupational Therapists

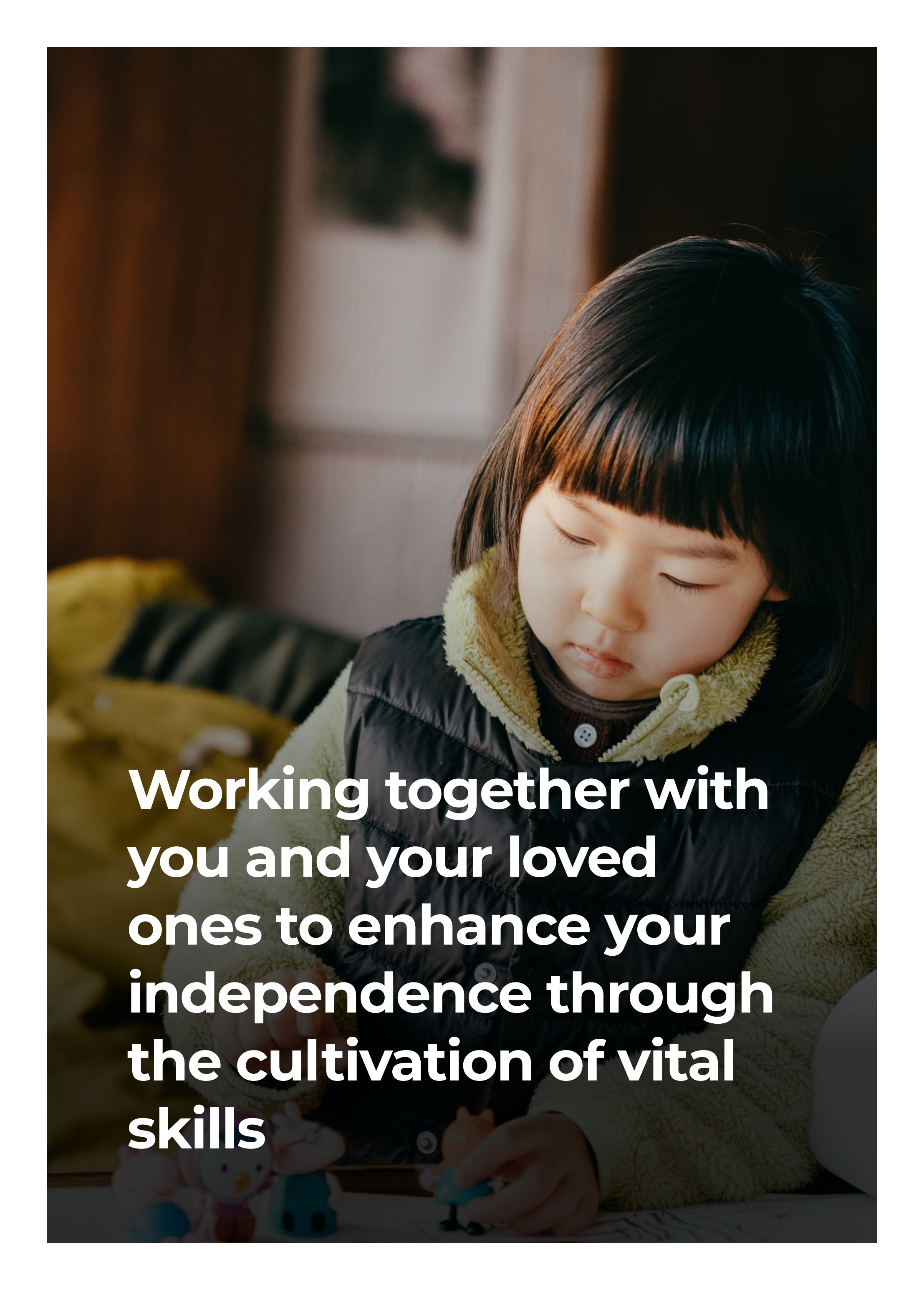
At EMP Disability Services, our team of occupational therapists collaborates with you and your loved ones to empower your independence by developing essential skills for daily living activities. They may propose adaptive equipment or environmental modifications to enhance your ability to engage in everyday tasks autonomously.

Our occupational therapists conduct assessments of the physical environment and provide recommendations for modifications aimed at improving accessibility and safety. They may suggest alterations to your home or workplace, such as installing grab bars, constructing ramps, or making ergonomic adjustments, all with the goal of promoting active participation and reducing obstacles.

EMP Disability Services' occupational therapists possess the necessary equipment, expertise, and qualifications to perform functional capacity assessments, assess assistive technology needs, modify homes, and evaluate the requirement for assistive devices and technological aids that foster independence.

All our occupational therapists are fully qualified, insured, and registered with the Australian Health Practitioner Registration Agency (AHPRA).





**Working together with
you and your loved
ones to enhance your
independence through
the cultivation of vital
skills**

Benefits Of Choosing EMP Disability Services

EMP Disability Services is dedicated to delivering quality outcomes

- Each and every member of the EMP Disability Services team is committed to delivering quality outcomes for both our client organisations and the participants in our programs. This is the foundation of our reputation and key to our success.
 - Mutual goal setting with clients to encourage both parties to communicate openly and clearly, assessing care needs and strengths in meeting the needs and prioritizing resources to achieve the care goals
 - A wide network of clinicians and professionals, ensuring broader access to services. This means that individuals with disabilities, regardless of their location, can receive the support and care they need.
 - Fast and timely support to respond promptly to the needs of participants, reducing waiting times and ensuring faster access to vital services.
 - Comprehensive care approach using allied health services to ensure that individuals with disabilities receive holistic care that addresses their diverse needs
 - Established quality assurance processes in place to ensure the delivery of high-quality services.
 - Vast experience in a range of services that enables us to provide tailored and targeted interventions that address specific needs and goals of individuals with disabilities.
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Flexible Treatment Options For Your Convenience

Accessible support for individuals with disabilities regardless of their location

In-Home Services

Understanding that each individual's recovery journey is unique we recognize that some injuries or medical conditions may restrict your mobility or make it challenging to visit our clinic. In such cases, our allied health professionals are equipped to provide in-home services. Our team will bring the necessary equipment and expertise to your doorstep, allowing you to receive high-quality care in the familiar surroundings of your home. This personalized approach ensures convenience and minimizes any barriers to accessing the treatment you need.

Gym-Based Rehabilitation

For those who prefer a gym setting or require specialized equipment for their rehabilitation, we offer gym-based rehabilitation services. Our team will work with you in a well-equipped gym facility, guiding you through targeted exercises and providing expert supervision. This setting allows for focused rehabilitation, facilitating the restoration of strength, mobility, and overall fitness. We will design a program tailored to your specific goals and progress you towards optimal recovery.

Outdoor Rehabilitation

Embracing the healing power of nature, we also offer outdoor rehabilitation sessions where appropriate. Engaging in physical activity outdoors can have numerous benefits for your overall well-being. Our allied health professionals will conduct sessions in suitable outdoor locations, such as parks or recreational areas, providing exercises and therapeutic activities that leverage the natural environment. This approach not only promotes physical recovery but also enhances your mental and emotional well-being.

Telehealth Services

In addition to in-person services, we offer telehealth consultations for select cases. Through secure video conferencing, you can connect with our allied health professionals from the convenience of your own home – wherever you may be. Telehealth consultations are particularly beneficial for check-ins, progress assessments, and providing ongoing guidance and support. This virtual option ensures continuity of care and allows for regular communication even when an in-person visit may not be possible.





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At EMP Disability Services our primary objective is to promote the overall well-being, physical health, and independence of individuals with disabilities. By enhancing their quality of life and supporting their engagement in various aspects of daily living, we strive to empower people. Our experienced allied health staff work collaboratively with other healthcare providers, support coordinators, and multidisciplinary teams of participants to ensure compassionate, comprehensive, and client centred care within the NDIS framework. Contact us today to start your journey to optimal health and wellbeing.