



Rural Lifestyle Options Australia  
Community Service Provider

## Supported Independent Living (SIL)



SCAN ME

Learn more at [www.rloa.org.au](http://www.rloa.org.au)



1300 032 175

# Supported Independent Living (SIL)

We provide you with the support you need in the security and comfort of your own home.

Our Supported Independent Living (SIL) arrangements are tailored to your individual home and living goals.

Whether you choose to live with other people or prefer to live independently, Rural Lifestyle Options Australia can find an accommodation solution to suit you.

Our Supported Independent Living options (SIL) are tailored to you and provide you with everything you need to live a happy, healthy and connected life in the accommodation setting that best meets your needs. We have capacity to provide around the clock support including overnight awake shifts.

Whether you already live in your forever home or are looking for the perfect place to live with other like-minded people, Rural Lifestyle Options Australia will be with you every step of the way.

**Our friendly Lifestyle Support Workers can support you to:**

- Get ready for your day;
- Complete everyday tasks including bathing, dressing and personal care;
- Learn to live well with others or independently;
- Manage the responsibilities of living in your own home;
- Maintain your home and complete household tasks;
- Learn daily living skills including shopping and money handling;
- Develop your social skills and attend group activities and;
- Participate in your local community and follow your hobbies.

We will work with you to create a tailored plan to suit your needs, from a few hours each day through to 24-hour assistance. If you require transitional accommodation, we may also be able to support you with Medium Term Accommodation (MTA).

You can request a callback to discuss this service, by scanning the QR code on the front of this brochure.

Our service is available to you if your NDIS plan includes 'Supported Independent Living' under your "CORE Supports".

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