

# Disability Support Worker Handbook



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## What information does this Handbook cover?

**Section 1** What are my duties as a Disability Support Worker?

**Section 2** What opportunities are currently available to me through the NDIS?

**Section 3** How can **Healthcare Consulting** support you?

**Section 4** What are the support services I can provide as a Disability Support Worker?

**Section 5** Healthcare Consulting Roadmap of Support

People who are living with a disability have diverse lives. **No two people are the same**, which is why every individual requires tailored support and services.

Any support or service you offer in the disability sector aims to **promote the health, wellbeing, safety and independence of participants**.

## 1 What are my duties as a Disability Support Worker?

As a Disability Support Worker, your duties are focused on supporting a person who is living with a disability in a way that best suits their individuality, and to help them achieve:

- Participation in, and access to, daily life activities, alongside social and community activities of their choosing.
- Their goals and wishes.
- Reinforcement of their independence, and their rights to choice, control, and to make decisions.

## 2 What opportunities are currently available to me through the NDIS?

- More than 4 million people in the Australian population live with a disability and are potential clients.
- The required individual supports and services for each participant will determine the funding allocated per year. The average NDIS funding budget for a Participant has been identified as being \$69,000 by the NDIS, though funding has been seen well into six figures for Participants with more complex needs.
- You can start a new business, or add support services to your current one.



### 3 How can Healthcare Consulting support you?

Tailored Policies, Procedures, forms and templates reflecting your chosen services and business branding. We guarantee your documents' compliance in line with the current NDIS legislation and Practice Standards.

- ✓ Dedicated Client Manager to support you through the process
- ✓ Application and Self-Assessment to the NDIS Commission
- ✓ Auditor Certified Training Course & Certificate
- ✓ Access to Healthcare Consulting Info Hub
- ✓ Application and Audit Specialist to prepare you for your Audit

### 4 What are the support services I can provide as a Disability Support Worker?

To choose a service that is right for you as a Disability Support Worker, it's crucial to choose a service that is appropriate for your needs. To help you make an informed decision, we have compiled a list of common services that Disability Support Workers often apply for, which you can find below. However, we strongly advise that you refer to our Service Guide before selecting a service. This guide offers comprehensive information about each service category, including the certification groups associated with each one, auditor-approval requirements, and any other relevant details that you should be aware of before making a final decision. By reviewing our Service Guide, you can ensure that you choose a service that is tailored to your needs and meets all necessary requirements.

**Want to chat about  
your options?**

Get in touch with us today!

**03 9923 8248**

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Category	Description	Pay Rate
0107 Daily Personal Activities	Support where providers offer hygiene, personal care and domestic activities assistance in their home, such as: Showering; Toileting; Changing, etc. This support aims to develop the participant's daily life skills to help them uphold independence.	\$65.47 - \$221.43 p/h Overnight Sleepover: \$276.27 - \$414.41 per night
0108 Assistance with Travel and Transport Arrangements	Service that enables providers to transport participants to any activities outside of the home, such as: To and from appointments or a workplace; Specialised transport to an educational facility or community destination.	<p>Transport: Allows the ability to claim the funding of Transport that is awarded to a Participant (commonly between \$1,606 and \$3,456 per participant per year)</p> <p>Specialised Transport to School/ Educational Facility/Employment/Community: Rates differ and Provider quotes need to be approved by the NDIA.</p>
0115 Assistance with Daily Life Tasks in a Group or Shared Living Arrangement (SIL)	Support enabling providers to assist with a participant's home and personal care in Specialist Disability Accommodation (SDA) and shared living arrangements. SIL is Supported Independent Living, and focuses on skill development and self-determination relating to the unique needs of each individual living in a shared arrangement. Responsibilities of the provider may involve supervision or support with: Personal care; Personal hygiene; Showering and/or toileting; Dressing; Mobility; Appointment assistance; Short term accommodation. It does not include rent, board, lodging or other day-to-day living expenses (e.g. food & activities).	<p>SIL: \$65.47 - \$236.09 p/h</p> <p>Short-term Accommodation &amp; Respite: \$663.07 - \$5,975.42 per day</p> <p>Medium-term Accommodation: \$146.75 - \$220.13</p>



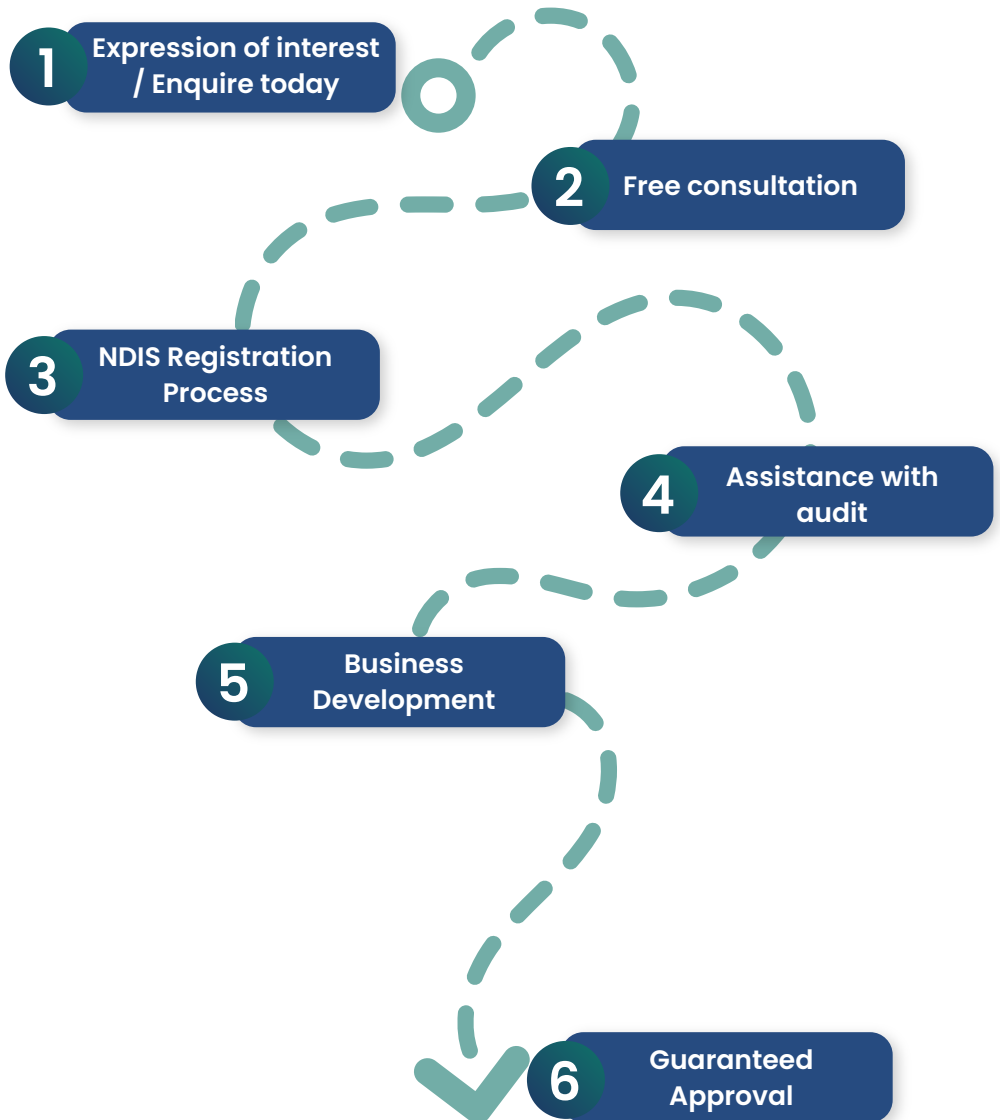
Category	Description	Pay Rate
0116 Innovative Community Participation	Support enabling providers to offer participants the opportunity to actively become involved in their community. These opportunities may include the participant's involvement in volunteering, charity organisations, neighbourhood associations or any other innovation activity in the community.	The price is dependent upon the activity and the agreement determined between the provider and the participant. An itemised invoice should be constructed and agreed upon prior to delivering services.
0120 Household Tasks	Support enabling providers to assist participants within their home, which may involve undertaking essential household tasks the participant is not able to complete. Providers may be responsible for: Cleaning; Gardening; Basic indoor/ outdoor home maintenance; Laundry/linen; Meal preparation, etc.	\$53.09 - \$79.64 p/h
0125 Participation in Community, Social and Civic Activities	Support or supervise a participant to take part in community, social, recreational or economic activities. This is provided in a range of environments, such as: The community or at a centre; On shopping trips or any appointments; Leisure activities, etc. This service category can also provide supports that encourage skill building regarding community participation potential.	\$65.47 - \$221.43 p/h  The fees for some services within this group are based upon the activities themselves and the amount agreed upon between the provider and the participant.
0131 Specialist Disability Accommodation (SDA)	SDA refers to accommodation for participants who require specialist housing solutions, to assist with the delivery of services that cater for their support needs. With a range of housing designs, SDA homes enable better and/or safer delivery of other supports to participants.	Price depends on the type of home. <a href="#">Check the NDIS Pricing Arrangements for SDA.</a>

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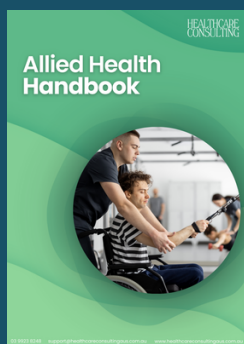
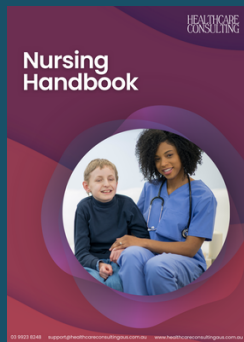
Category	Description	Pay Rate
0136 Group and Centre-Based Activities	Services enabling providers to support participants with socialisation and community participation either in a centrebased setting or directly in their community. These supports aim to provide participants opportunities to engage in activities and events in a group, while being appropriately supported when doing so. Group activities may include; supportive dance classes, day programs, supported group movie viewings, etc.	<p>Group Activities: \$65.47 - \$221.43 p/h</p> <p>Group Activities in Community: \$73.22 - \$248.02 p/h</p> <p>Group Activities in a Centre: \$67.91 - \$225.09 p/h</p> <p>Price also depends on costs of particular activities. Check the <a href="#">NDIS Pricing Arrangements &amp; Limits Guide</a>.</p>



## 5 Healthcare Consulting Roadmap of Support



# See Our Other Handbooks



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