




Hop & Learn Children's Therapy

What is Paediatric Occupational Therapy?




Paediatric Occupational Therapy focuses on helping children develop the skills they need to thrive in their daily lives. Our therapy sessions are designed to enhance a child's ability to participate in activities at home, school, and in the community. We address a wide range of areas, including:

- Sensory Processing
- Fine and Gross Motor Skills
- Handwriting and Hand-eye Coordination
- Self-care Skills (e.g., dressing, feeding, grooming)
- Social Skills and Emotional Regulation
- Attention and Concentration

Our Approach

At Hop & Learn we believe in a holistic approach to pediatric occupational therapy. We work closely with families and caregivers to understand each child's unique strengths and challenges. Our therapists create individualized treatment plans tailored to meet the specific needs of your child. Through play-based interventions, sensory activities, and evidence-based techniques, we strive to make therapy sessions enjoyable and effective.





Services We Offer

- **Comprehensive Evaluations:** Thorough assessments to identify your child's strengths and areas needing support.
- **Individualized Therapy Sessions:** One-on-one therapy sessions customized to target specific goals.
- **Parent/Caregiver Education:** We provide guidance and resources to support your child's development at home.
- **School-based Services:** Collaboration with educators to implement strategies that promote success in the classroom.
- **Sensory Integration Therapy:** Techniques to help children process sensory information effectively.

Contact Us

We are here to support you and your child on this journey toward reaching developmental milestones. If you have any questions or would like to schedule an appointment, please contact us at:

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Join us at Hop & Learn Children's Therapy, where we strive to make a difference in the lives of children and families.

Warm regards,
RUTU PATEL

